

## Statement on The Use of Physical Interventions (Team Teach)

- There are occasions when staff will have cause to have physical contact with pupils for a variety of reasons, for example:
  - to comfort a pupil in distress (so long as this is appropriate to their age);
  - to gently direct a pupil;
  - of for curricular reasons (for example in PE, Drama etc);
  - in an emergency to avert danger to the pupil or pupils;
- In all situations where physical contact between staff and pupils takes place, staff must consider the following:
  - the pupil's age and level of understanding;
  - the pupil's individual characteristics and history;
  - the location where the contact takes place (it should not take place in private without others present).

Within Hamstel Infant School and Nursery this means that as a member of staff may physically guide, touch or prompt children in appropriate ways at appropriate times. It is extremely important that you have read and understood all relevant policy to appreciate the reasons why we may choose to use physical intervention (Team Teach) or restrictive physical intervention with children and the appropriate ways in which we do so.

Why Do We Use Touch? We may choose to use a physical intervention with children for a variety of reasons, but in general terms we would normally do so for either comfort reward or guidance.

## How Do We Use Touch?

**Hugging -** At Hamstel Infant School and Nursery, we encourage staff that are using touch for comfort or reward to use a 'school hug'. This is a sideways on hug, with the adult putting their hands on the child's shoulders. This discourages 'front on' cuddling and the adult's hands on the shoulders limits the ability of the child to turn themselves into you.

Hugging can be used either standing or seated

**Hand-Holding -** We recognise that children sometimes enjoy being able to hold hands with adults around them. This is perfectly acceptable when the hand holding is compliant. However, if the handholding is being used by an adult as a method of control to move children, this can become a restraint. Therefore, we encourage the use of the 'offering an arm'. This is done by the adult holding their arm out, and the child is encouraged to wrap their hand around the adult's lower arm. The adult's other hand can then be placed over the child's for a little extra security if it is required.

In summary, it is generally deemed appropriate to touch others on the upper arm and shoulders.

**Lap-Sitting -** At our school we do not allow lap-sitting. Children should be taught to seek comfort/attention through other means, explored within Team Teach training. If a child attempts to sit on your lap, explain and ask them to sit next to you if it is appropriate.

At times, children may in such crisis or distress that they hold you in a way which is not described as above (e.g. 'front on' hug/lap sitting). If this should happen please ensure that you have informed a senior member of staff. You will be asked to make a note of this, this will be in order to record and monitor the amount of times the student is seeking this support from staff and to analyse the child's unmet need.

Please note that although we have a touch policy and believe that contingent touch can be a positive experience for the children that we care for, this does not mean that you have to use physical interventions with children.

It should also be realised that some children will not want to be touched. Please respect this.

Staff have a 'Duty of Care' towards the students in their care. Therefore if a student is likely to be at risk from harm if you do not physically intervene, using Team Teach techniques, in an emergency situation, you must take action. The action you take will be dependent on the dynamic risk assessment that you make at that moment in time.

We also have within our behaviour policy, a section on restrictive intervention in line with Team Teach training.

Parents/carers will be made aware of this statement when their child is admitted to this school.

If you have any questions or would like a further discussion regarding this policy, please speak to the Assistant Headteacher for Inclusion or the Headteacher at the earliest available opportunity.

School Trainer for The Use of Physical Interventions: Andrea Esp, Assistant headteacher for Inclusion

Contact details: Internal phone 223

Email: andrea.esp@hamstel-inf.southend.sch.uk

Policy updated: March 2019 Policy Review: March 2020